

Virginia Commerce Suggested Panel of Physicians - Charlottesville/Shenandoah Valley

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

Physician	Practice Name	Street	City	State	Zip	Phone #
<u>OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES</u>						
Samuel Caughron, MD	Charlottesville Wellness Center	901 Preston Ave, Ste 102	Charlottesville	VA	22903	434-328-2853
	First Med, Inc	125 Riverbend Dr, Ste 3	Charlottesville	VA	22911	434-984-4200
	MED Express Urgent Care	1149 Seminole Trl	Charlottesville	VA	22901	434-978-3998
	Augusta Health	540 Radford Lane, Ste 250	Charlottesville	VA	22903	434-823-7896
<u>ORTHOPEDIC SPECIALISTS</u>						
David Diduch, MD	UVA Orthopaedics	515 Ray C Hunt Dr, Ste 1100	Charlottesville	VA	22903	434-243-7778
William Grant, MD	Albemarle Orthopaedic	908 E Jefferson St., Ste 101	Charlottesville	VA	22902	434-817-7200
Aaron Freilich, MD	UVA Hand Center	415 Ray C Hunt Dr, 3rd Fl	Charlottesville	VA	22903	434-982-7200
Bobby Chhabra, MD	UVA Orthopaedics	515 Ray C Hunt Dr, Ste 1100	Charlottesville	VA	22903	434-982-4263
Thomas Schildwachter, MD	Sentara	914 E Jefferson St	Charlottesville	VA	22902	434-971-8004
Winston Gwathmey, Jr, MD	UVA Orthopaedics	515 Ray C Hunt Dr, Ste 1100	Charlottesville	VA	22903	434-982-4263
Adam Shimer, MD	UVA Orthopaedics	515 Ray C Hunt Dr, Ste 1100	Charlottesville	VA	22903	434-243-3633